

Do you want a happy, resilient and strong family?

Kalparrin understands how difficult it is to juggle the competing demands of all of our family members and is offering “Strong Family” workshops to members. This is an opportunity for parents, carers and grand carers to participate in a group session with practical support from Dr Marny Lishman to address the challenges faced at home.



Marny is a Health & Community Psychologist with a professional interest in anxiety, stress & disease prevention.

She also writes for Perth Now and Cleo, The Sunday Times and Good Health Magazines and features on Channel 7 and 9.

Marny will provide expert guidance to your family’s needs. You will also be provided with resources and an action plan to help make your family strong.

Event Information

DATE: Saturday 9 April, 2016
TIME: 10am
LOCATION: Joondalup Health Campus

Morning tea will be provided

Applications close Monday April 4, 2016. To register for this Strong Family Workshop, visit www.kalparinwa.org.au/strongfamilies, or call Kalparrin on 9340 8094.

